

HOW TO START A PRAYER GROUP CHECKLIST

So you want to grow in prayer and in deeper relationships with other women? The best place to start is to form a prayer group. There is nothing fancy about this commitment. It can be done any where and at any time, but the results will be unimaginable. You will connect with women on a much deeper level as God weaves you together. You will also enjoy new depths in your relationship with the Creator of the Universe. To start your new journey of praying together, we have created seven easy steps for you.

1 ASK 3-5 WOMEN TO PRAY WITH YOU.

Name:
Name:
Name:
Name:
Name:

2 PICK A TIME THAT WORKS FOR ALL WOMEN. (ALLOT ONE HOUR.)
Time:

3 PICK A LOCATION.
Location:

4 MAKE A COMMITMENT TO THAT TIME. (THIS IS KEY!)

5 DISCUSS GROUNDWORK AHEAD OF TIME.
No gossiping
Stick to schedule
Safe place
Other:
Other:

6 MEET FOR FIRST TIME AND PREPARE FOR A WILD ADVENTURE. (SEE FIELD GUIDE FOR HOW-TOS.)

7 KEEP MEETING CONSISTENTLY.

I'M AT MY PRAYER GROUP - NOW WHAT?

(A FIELD GUIDE TO YOUR PRAYER GROUP)

You've invited women to pray with you, now what? First, remember that God is with you in every space and at every time. He doesn't care about where you meet or when you meet. He cares about meeting with you and the women alongside you. So, release your fears! God loves your messy home and your messy life. He also loves hearing your every need. This means you get to make a decision as you share with your prayer group. You can be honest about your life or dishonest. Decide to be honest. Withholding your fears and anxieties only leaves you burdened. Remember that prayer group is a safe place. When you give your concerns to God, He will free you, and your prayer group will learn to encourage and support you.

1. Open your prayer group focusing on Christ. Read a scripture or listen to a song together.

The Imperfectly Brave team created 52 words for you to focus on with [Year of Calling](#), but you can also use anything to fix your mind on Christ.

2. Allow one person to share her burdens.

Depending on number of people, this may need to be timed.

3. Allow someone to pray over her burdens.

No need to try to solve one another's problems, simply pray!

4. Allow everyone to share their burdens and be covered in prayer.

Let each woman feel soaked in God's love.

5. Remember that what has been shared at prayer group, stays in prayer group.

Leave feeling encouraged, supported and unburdened.

